Most people are not going to order two saunas at once just to compare them due to cost, time, difficulty, return shipping expense etc. but I decided to do it at the time because I was truly desperate to detox and didn’t have a lot of money to spend on wooden or non portable saunas. I also wanted the most “bang for the buck” so to speak. This is why I’m passing this information on to you so that you can avoid all of the trouble and expense ($100.00 return shipping) that I went thru having the same doubts and questions in my mind then as you do now.

I had already ordered a “Therasage” sauna and was looking around online when I came across this unpretentious little unit called “Relax Sauna”. I think it must have been on youtube because I couldn’t find one on amazon. I realized that not finding one on amazon was a good sign because all they sell on there is cheap china-made unpatented knock offs or technology that isn’t patented because everyone else is using the same carbon fiber and ceramic disc technology or worse yet high emf emitting heating coils.

Another thing was that it’s easy to overlook the fact that none of those “cheap knock-offs” will show you a picture of what is inside the sauna. To their credit Therasage does show a picture but I still can’t figure out why, after all the years they have been in business & knowing the competition they would come out with a sauna that is so anemic in producing heat. They could start by giving it 1500 watts of power instead of a measly 1000 watts. For me anyway, I say the “Relax” is unpretentious because it may look like all the rest on the outside but “wow” what a little dynamo it is on the inside!

Once I found ... this website under “RelaxSaunas” there was tons of good information about a sauna that not only has nothing to hide but everything to show because it is a product of “substance” and Momentum98 and Phil Wilson believe so much in their products. Back to my comparison of Therasage vs Relax. There WAS no comparison when it came to heat output because after pre-heating 20 minutes and sitting there for about an hour I never even came close to breaking a sweat! To be fair I will say that maybe I don’t sweat as easily as someone else but for me I couldn’t believe they were even putting this “thing” on the market. Why bother, I thought when you can’t even sweat in this thing! It could be an expensive dog house or a giant paper weight but definitely not a sauna. I have never had such an easy decision to make when comparing two products as I did with these.
Relax Far Infrared Energy

I know that the “Relax” sauna costs almost twice as much but it’s worth more than that because it just WORKS. Like “Apple” likes to say, “it just works”. What a concept! The 40lb $550.00 clunky warming tent “just DOESN’T work”. Therasage makes nice heating pads but I guess that’s what they should stick with for now anyway. The way I see it the Therasage is a lot more expensive when it doesn’t even give you a hint of what you bought it for. Five hundred dollars for nothing is way more expensive than a thousand dollars for something that not only works but works a thousand times or more better. I know most people have probably read a lot of testimonials and gotten a little “jaded” on people exaggerating the pros and cons of certain products but all of my rambling and ranting is no exaggeration.

If you have the courage after all of this just buy two different ones for yourself and learn the hard way like I did. Just make sure one of them is the “Relax” Sauna. Also, a thousand dollars is a lot less pricey than two thousand dollars and up for anything else out there that may look nicer but doesn’t perform any better. This thing is compact, portable, well made, low emf and so simplistically nice in design and execution. I am really impressed with this little sauna. The Therasage was much less portable because of the large and cumbersome heating panels and cords attached to the tent itself. As advertised the emf was very low as measured with a TriField 100xe but what’s the use when it doesn’t do anything. The dog house or giant paper weight doesn’t have ANY emf and doesn’t cost near as much.

For me, all I can say after all that I’ve just said is a resounding NO THANKS!!! and a big YES THANKS!!!! to Phil Wilson and Relax Sauna for all that you do. Your product is a hands down unequivocal slam dunk over anything out there except MAYBE those very expensive, non portable, very possibly high EMF, slow and expensive to heat up and operate larger saunas on the market. Good luck with whatever you do but with “Relax” there’s no luck involved, it’s all a sure thing and the best buy for the money & the best support for the customer. I spent a lot of time researching before buying and can tell you the most important thing to look for in any sauna is the method and technology that they are using to actually produce the heat. “Relax” is proud to tell about theirs and the rest try to hide what they’re doing altogether or mislead you on what their product really does and how it does it.

Because of the patented “Relax” sauna semi-conductor technology the Far Infrared Light that is emitted is 95 to 100 percent whereas in all the others using carbon fiber, ceramic or both from what I learned it is at best anywhere from 25 to maybe 40-60 percent. I will finally sign off but take it from someone who actually tried the best of the competition in portable tent saunas, I say that the beautiful little ( it is really no smaller than the rest but much more portable especially for what it does) “Rocky Relax” beats the @##$%*** & out of all contenders, larger saunas included. One more thing, did I mention that the sauna chair is of much better quality than the little “camp” chair that came with the Therasage? There’s really no comparison in anything but the “looks” so if you’re seriously in the market for a great heat blasting sauna just buy it because you cannot go wrong.

——— From the heart, R.S. Colorado